



ARDROSSAN AREA SCHOOL



R-12 Athletics Carnival

Friday 8th March

8:50am start

Athletics Carnival At A Glance

| U6-9 (Reception – Year 3) | |
|---|------------|
| Tabloids pt. 1 | 9:00 a.m. |
| Fruit Break | 10:00 a.m. |
| Tabloids pt. 2 | 10:15 a.m. |
| Sprints (main track) | 11:00 a.m. |
| Recess | 11:10 a.m. |
| Tabloid Family Fun Relays | 11:30 a.m. |
| Lunch | 12:30 p.m. |
| U9 Relay | 1:25 p.m. |
| U10-Open (Year 4 – Year 12) | |
| 400m Feature (U13-Open) | 8.55 a.m. |
| Field Events/200m | 9:35 a.m. |
| 100m Sprints | 11:10 a.m. |
| Field Events | 11:50 a.m. |
| Relays (4x100m) | 1:30 p.m. |
| Team Games (corner spry, wheel & ball) | 2:00p.m. |

2024 Tabloids U6-9 (R-3)

Long Jump

Shot Put

Discus

Javelin

High Jump

2024 ATHLETIC PROGRAM

| Event No. | Time | Event | Record Holder |
|-----------|------|--|---|
| 1/3 | 2024 | 1200m/1500m. U10/11 Boys (long run) | U10/ A. Teakle 5.01.53min (2019) U11/ S. Colliver 6.59.31min (2022) |
| 2/4 | 2024 | 1200m/1500 m. U10/11 Girls (long run) | U10/ C. Whittaker 5.35.00min (2021) U11/ M. Teakle 6.37.13min (2019) |
| 5 | 2024 | 1500m. Under 13 Boys | C. Meyers 6.17.79min (2022) |
| 6 | 2024 | 1500m. Under 13 Girls | M. Teakle 6.24.83min (2020) |
| 7 | 2024 | 1500 m. Under 14 Boys | J. Curtis-Kelly 5.46.7min (2020) |
| 8 | 2024 | 1500 m. Under 14 Girls | M. Teakle 7.0.40min (2022) |
| 9 | 2024 | 1500 m. Under 15 Boys | R. Wake 5.30.13min (2023) |
| 10 | 2024 | 1500 m. Under 15 Girls | M. Teakle 6.33.15min (2023) |
| 11 | 2024 | 1500 m. Open Boys | B. Hellmanns 5.11.11min (2020) |
| 12 | 2024 | 1500 m. Open Girls | N. Whittaker 7.19.10min (2023) |
| 13 | 2024 | U13 Boys Javelin | S. Orchard 24.34 (2023) |
| 14 | 2024 | U13 Girls Javelin | I. Dayman 15.73m (2023) |
| 15 | 2024 | U14 Boys Javelin | A Rowntree 30.17m (2017) |
| 16/17 | 2024 | U14 Girls Javelin U15 Girls Javelin | U14 J Lee 24.30m (2015) U15 N Erfurth 22.75m (2002) |
| 18 | 2024 | U15 Boys Javelin | M Stone 37.3m (1998) |
| 19 | 2024 | Open Boys Javelin | S Kuhndt 47.7m (1973) |
| 20 | 2024 | Open Girls Javelin | J. Lee 22.71m (2019) |
| 21/23 | 2024 | U10/11 Boys 800m | U10/ J Black 3.16:48min (2023) U11/ C Treloar 3.16:94min (2023) |
| 22/24 | 2024 | U10/11 Girls 800m | U10/ S Brind 3.36.74min (2020) U11/ M Teakle 3.11.51min (2019) |
| 25 | 2024 | U13 Boys 800m | C Poulter 2.59:21min (2015) |
| 26 | 2024 | U13 Girls 800m | M Teakle 3.06:96min (2020) |
| 27 | 2024 | U14 Boys 800m | C Meyers 2.45:46min (2023) |
| 28/29 | 2024 | U14/15 Girls 800m | U14 A Meyers 3.19:67min (2023) U15 M Teakle 3.03:28min (2023) |
| 30 | 2024 | U15 Boys 800m | K Anderson 2.32:00min (2009) |
| 31 | 2024 | Open Boys 800m | B Linke 2.15:50min (1995) |
| 32 | 2024 | Open Girls 800m | K Hughes 2.53:63min (1995) |
| 33 | 2024 | U13 Boys Triple Jump | S Colliver 6.83m (2023) |
| 34 | 2024 | U13 Girls Triple Jump | S Brind 5.24m (2023) |
| 35 | 2024 | U14 Boys Triple Jump | F Rowntree 9.45m (2015) |
| 36 | 2024 | U14 Girls Triple Jump | K McKibbin 7.88m (2018) |
| 37 | 2024 | U15 Boys Triple Jump | S Lee 10.20m (2014) |

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| 38 | 2024 | U15 Girls Triple Jump | M Teakle 8.34m (2023) |
| 39 | 2024 | Open Boys Triple Jump | S Lee 11.10m (2015) |
| 40 | 2024 | Open Girls Triple Jump | B Ottey 8.13m (2015) |
| | 8:50 | Welcome | |
| 400m Feature/Tabloid Events Part 1 (U6-9) | | | |
| 41 | 8:55 | U13 Girls 400m | S Brind 1.27:57 |
| 42 | 9:00 | U13 Boys 400m | S Colliver 1.21:59 |
| 43/44 | 9:05 | U14 Girls 400m U 15 Girls 400m | S Rudd 1.18:04min (2001) M Teakle 1.10:88min (2023) |
| 45 | 9:10 | U 14 Boys 400m | J Monopoli 1.06.33min (2009) |
| 46 | 9:15 | U 15 Boys 400m | D Hunter 1.01:28min (2004) |
| 47 | 9:22 | Open Girls 400m | L Bulpitt 1.11:30min (1983) |
| 48 | 9:27 | Open Boys 400m | B Linke 0.57:00min (1995) |
| 49 | 9:30 | Open Girls Shot Put | R Benfield 10.7m (1990) |
| 50/51 | 9:30 | U14 Girls Discus U15 Girls Discus | U14 R Rowntree 21.95m (2011) U15 E Cane 22.19m (2005) |
| 52 | 9:30 | Open Boys Long Jump | J McManus 5.57m (2007) |
| 53/54 | 9:35 | U10/11 Girls 200m | U10 M Teakle 37.31sec (2018) U11 M Teakle 16.53 sec (2019) |
| 55/56 | 9:40 | U10/11 Boys 200m | U10/ M Stone 35.67sec (2015) U11/ A Teakle 35.54sec (2020) |
| 57/58 | 9:50 | U14 Girls High Jump U15 Girls High Jump | S Bockmann 1.35m (2011) M Teakle 1.45m (2023) |
| 59 | 9:50 | Open Girls 200m | R Germein 28:07sec (1974) |
| 60/61 | 9:50 | U14 Boys Discus U15 Boys Discus | S Lee 31.10m (2013) D Evans 40.02m (1998) |
| 62 | 9:55 | Open Boys 200m | J Bowden 24:06sec (1974) |
| 63 | 10:10 | U13 Girls Discus | J Smith 20.60m (2016) |
| 64/65 | 10:10 | U10/11 Boys Long Jump | U10/ S Carty 3.33m (2023) U11/ B Stone 3.16m (2016) |
| 66 | 10:10 | U13 Boys High Jump | J Curtis-Kelly 1.40m (2019) |
| 67/68 | 10:30 | U10/11 Boys Discus | U10/ A Rowntree 20.30m (2013) U11/ A Rowntree 20.61m (2014) |
| 69 | 10:30 | U13 Girls Long Jump | J Smith 4.00m (2016) |
| 70/71 | 10:30 | U14 Boys 200m U15 Boys 200m | B Hamka-Owen 27.99sec (2023) A Mander 26.0sec (1997) |
| 72/73 | 10:30 | U10/11 Girls High Jump | U10/ E Wheare 1.11m (2015) U11/ M Teakle 1.26m (2019) |
| 74 | 10:30 | U13 Boys Shot Put | D Loveridge 10.65m (2008) |
| 75/76 | 10:40 | U14 Girls 200m U15 Girls 200m | M Ferry 30.09sec (1999) S Powell 29.05sec (1997) |
| 77/78 | 10:50 | U10/11 Girls Shot Put | U10/ J Smith 5.85m (2013) |

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|----------------|-------|--|---|
| | | | U11/ L Taylor 7.23m (2013) |
| 79 | 10:50 | U 13 Boys 200m | B Stone 31.92sec (2016) |
| 80 | 10:50 | Open Girls High Jump | M Crowell 1.43m (2009) |
| 81 | 10:50 | Open Boys Discus | A Knott 47.90m (1998) |
| 82 | 10:55 | U13 Girls 200m | M Teakle 32.49sec (2021) |
| 83 - 90 | 11.00 | U6 – U9 100m | |
| 91/92 | 11:10 | U10/11 Girls 100m | U10/ P. Bowden 16.18sec (2021) U11/ Abby Elsworthy 15.70sec (2023) |
| 93/94 | 11:14 | U10/11 Boys 100m | U10/ M Stone 16.85sec (2015) U11/ J Wheare 15.83sec (2013) |
| 95 | 11:18 | U13 Girls 100m | G Chapman 14.78sec (2018) |
| 96 | 11:22 | U13 Boys 100m | F Rowntree 14.41sec (2014) |
| 97/98 | 11:26 | U14 Girls 100m U15 Girls 100m | J Smith 13.97 (2017) M Ferry 13.66sec (2000) |
| 99 | 11:30 | U14 Boys 100m | F Rowntree 12.69sec (2015) |
| 100 | 11:30 | U15 Boys 100m | D Lutze 11.94sec (2008) |
| 101 | 11:34 | Open Girls 100m | S Reynolds 13.30sec (1981) |
| 102 | 11:38 | Open Boys 100m | J McManus 11.35sec (2008) |
| 103/104 | 11:50 | U10/11 Boys High Jump | U10/ B Stone 1.18m (2013) |
| 105/106 | 11.50 | U14 Boys Shot Put U15 Boys Shot Put | D Hunter 12.2m (2002) A Knott 11.85m (1996) |
| 107/108 | 11:50 | U10/11 Girls Long Jump | U10/ J Smith 3.08m (2013) U11/ E Wheare 3.45m (2016) |
| 109 | 12:10 | Open Boys High Jump | G Cummings 1.74m (1993) |
| 110 | 12:10 | Open Girls Long Jump | W Smith 4.42m (1975) |
| 111/112 | 12:10 | U14 Girls Shot Put U15 Girls Shot Put | J Smith 8.41m (2017) R Keating 9.6m (1999) |
| 113 | 12:30 | U13 Girls Shot Put | S Bockmann 7.69m (2010) |
| 114 | 12:30 | U13 Boys Discus | A Rowntree 30.14m (2016) |
| 115/116 | 12:30 | U14 Boys Long Jump U15 Boys Long Jump | C Poulter 4.50m (2016) H Pierson 5.34m (2006) |
| 117/118 | 12:50 | U10/11 Boys Shot Put | U 10/ J Wheare 6.82m (2012) |
| 119/120 | 12:50 | U14 Girls Long Jump U15 Girls Long Jump | U14 M Ferry 3.94m (2001) U15 J Biddle 3.90m (2016) |
| 121/122 | 12:50 | U14 Boys High Jump U15 Boys High Jump | B Hamka-Owen 1.56m (2023) H Pierson 1.72m (2006) |
| 123/24 | 12:50 | U10/11 Girls Discus | U10/ J Smith 14.25m (2013) U 11/ H Goldsworthy 17.35m (2010) |
| 125 | 1:10 | U13 Boys Long Jump | F Rowntree 4.15m (2014) |
| 126 | 1:10 | Open Girls Discus | J Lee 25.13m (2018) |
| 127 | 1:10 | U13 Girls High Jump | E Wheare 1.37m (2018) |
| 128 | 1:10 | Open Boys Shot Put | L Rebbeck 14.63m (1993) |
| | 1:25 | Relays | |

| | | | |
|------------|------|---------------------------|---------------------------|
| | | | |
| 129 | 1:25 | U6-9 Mixed 60m Relay | |
| 130 | 1:30 | U11 Girls 4 X 100m Relay | Vincent 1.12.00min (2023) |
| 131 | 1:34 | U11 Boys 4 X 100m Relay | Vincent 1.14:72min (2012) |
| 132 | 1.36 | U13 Girls 4 X 100m Relay | 1.03:96min (1999) |
| 133 | 1.38 | U13 Boys 4 X 100m Relay | 1.01:17min (2002) |
| 134 | 1:40 | U15 Girls 4 X 100m Relay | U15 1.01:89min (1997) |
| 135 | 1:45 | U15 Boys 4 X 100m Relay | 53:10sec (2001) |
| 136 | 1:50 | Open Girls 4 X 100m Relay | 58:10sec (1987) |
| 137 | 1:55 | Open Boys 4 X 100m Relay | 49:98sec (1994) |
| | 2:00 | Team Games/War Cry | |
| 138 | 2:00 | U11 Corner Spry | 1.40:37min (1998) |
| 139 | 2:05 | U13 Corner Spry | Vincent 1.14:97min (2017) |
| 140 | 2:10 | U15 Corner Spry | 1.04:00min (1992) |
| 141 | 2:15 | Open Corner Spry | 56.75sec (2000) |
| 142 | 2:20 | U11 Wheel & Ball | Vincent 2.10:21min (2016) |
| 143 | 2:20 | U13 Wheel & Ball | 2.01:60min (1992) |
| 144 | 2:25 | U15 Wheel & Ball | 1.50:84min (2000) |
| 145 | 2:25 | Open Wheel & Ball | 1.49:53min (2000) |
| | 2:30 | Presentations | |

***Times for all events are a guide only. Students must follow their rotations allocated with their age group. Where appropriate students can 'catch up' events during an allocated break time.*

Records held from previous events:

| | |
|--------------------------|-----------------------|
| U14 Girls 4 X 100m Relay | U14 1.06:88min (2021) |
| U14 Boys 4 X 100m Relay | 1.04:66min (2021) |

Notes:

HOUSE CAPTAINS 2024

| | | | | |
|----------------|----------|----|------------------|----------------|
| YORKE | Captains | SS | Nicole Whittaker | Noah Wake |
| | Captain | JS | | |
| VINCENT | Captains | SS | Jake Clifford | Abby Elsworthy |
| | Captain | JS | Cody Thompson | |

POINTS SYSTEM

ALL TRACK & FIELD EVENTS

Points Allocation

| | |
|-----------------|---|
| 1 st | 6 |
| 2 nd | 4 |
| 3 rd | 2 |
| 4 th | 1 |
| 5 th | 1 |
| 6 th | 1 |

All other participants receive 1 point.

TEAM & RELAY EVENTS

| | |
|-----------------|----------|
| 1 st | 6 points |
| | |
| 2 nd | 4 points |

Individual Trophy Winners

Eligibility is based on student's best 7 events, in all field events and track events completed in their age group

PLEASE NOTE:

Shoes must be worn for all track & field events
Spikes can be worn

Field Specifications 2024

| AGE GROUP | SHOT PUT | DISCUS | JAVELIN | HIGH JUMP (Starting Heights) |
|---------------------|----------|------------|---------|---------------------------------|
| U10/11 BOYS | 2.0 kg | 500g/750 g | | 90cm/95cm |
| U10/11 GIRLS | 2.0kg | 500g/750 g | | 80cm/90cm |
| U13 BOYS | 3.0 kg | 750g | 600g | 1.10 |
| U13 GIRLS | 3.0 kg | 750g | 400g | 1.00 |
| U14 BOYS | 3.0 kg | 1.0 kg | 600 g | 1.15 |
| U14 GIRLS | 3.0 kg | 1.0 kg | 400 g | 1.06 |
| U15 BOYS | 4.0 kg | 1.0 kg | 700 g | 1.20 |
| U15 GIRLS | 3.0 kg | 1.0 kg | 500 g | 1.05 |
| OPEN BOYS | 5.0 kg | 1.5 kg | 800 g | 1.30 |
| OPEN GIRLS | 4.0 kg | 1.0 kg | 600 g | 1.12 |

Times at a Glance

| Event/Age | 10/11 Boys | 10/11 Girls | 13 Boys | 13 Girls | 14/15 Boys | 14/15 Girls | Open Boys | Open Girls |
|------------------|------------|-------------|---------|----------|------------|-------------|-----------|------------|
| 400m | | | 9.00 | 8.55 | 9.10 | 9.05 | 9.20 | 9.15 |
| 200m | 9.40 | 9.35 | 10.50 | 10.55 | 10.30 | 10.40 | 9.55 | 9.50 |
| 100m | 11.14 | 11.10 | 11.22 | 11.18 | 11.30 | 11.26 | 11.38 | 11.34 |
| High Jump | 11.50 | 10.30 | 10.10 | 1.10 | 12.50 | 9.50 | 12.10 | 10.50 |
| Long Jump | 10.10 | 11.50 | 1.10 | 10.30 | 12.30 | 12.50 | 9.30 | 12.10 |
| Shot Put | 12.50 | 10.50 | 10.30 | 12.30 | 11.50 | 12.10 | 1.10 | 9.30 |
| Discus | 10.30 | 12.50 | 12.30 | 10.10 | 9.50 | 9.30 | 10.50 | 1.10 |

ARDROSSAN AREA SCHOOL

Message for all students regarding clothing

TOPS

Students are encouraged to dress in appropriate clothing according to their house colours (no inappropriate advertising). Sun Smart Clothing must be worn.

SHORTS

Sports shorts are recommended.

FOOTWEAR

Sandshoes must be worn at all times (students are not to take shoes off). Students can wear spikes/football boots for events held on the oval.

HATS

It is recommended that students wear their Ardrossan Area School bucket hat/broad brim hat or a broad brim hat that is in line with their team colours.

SUNSCREEN

Sunscreen will be available on the day, it is advised for students to bring their own to ensure they apply regularly throughout the day.

WATER

Students will need to bring a water bottle, bringing two would be most desirable, one frozen for the afternoon and one to use straight away, there are plenty of places to refill throughout the day.

FOOD AND DRINKS

The Ardrossan Area School Governing Council will be cooking a BBQ between approximately 11:00 a.m. and 1:30 p.m. Students can purchase food from the BBQ if they wish or provide their own food/drink for the day.

The following is a breakdown of cost:

Steak & Onion Sandwich: \$5.00 Veggie Pattie (in bread): \$5.00

Sausage (in bread): \$2.00 Fruit Box: \$1.00 Water: \$2.00

Lisa's Latte Coffee Van.

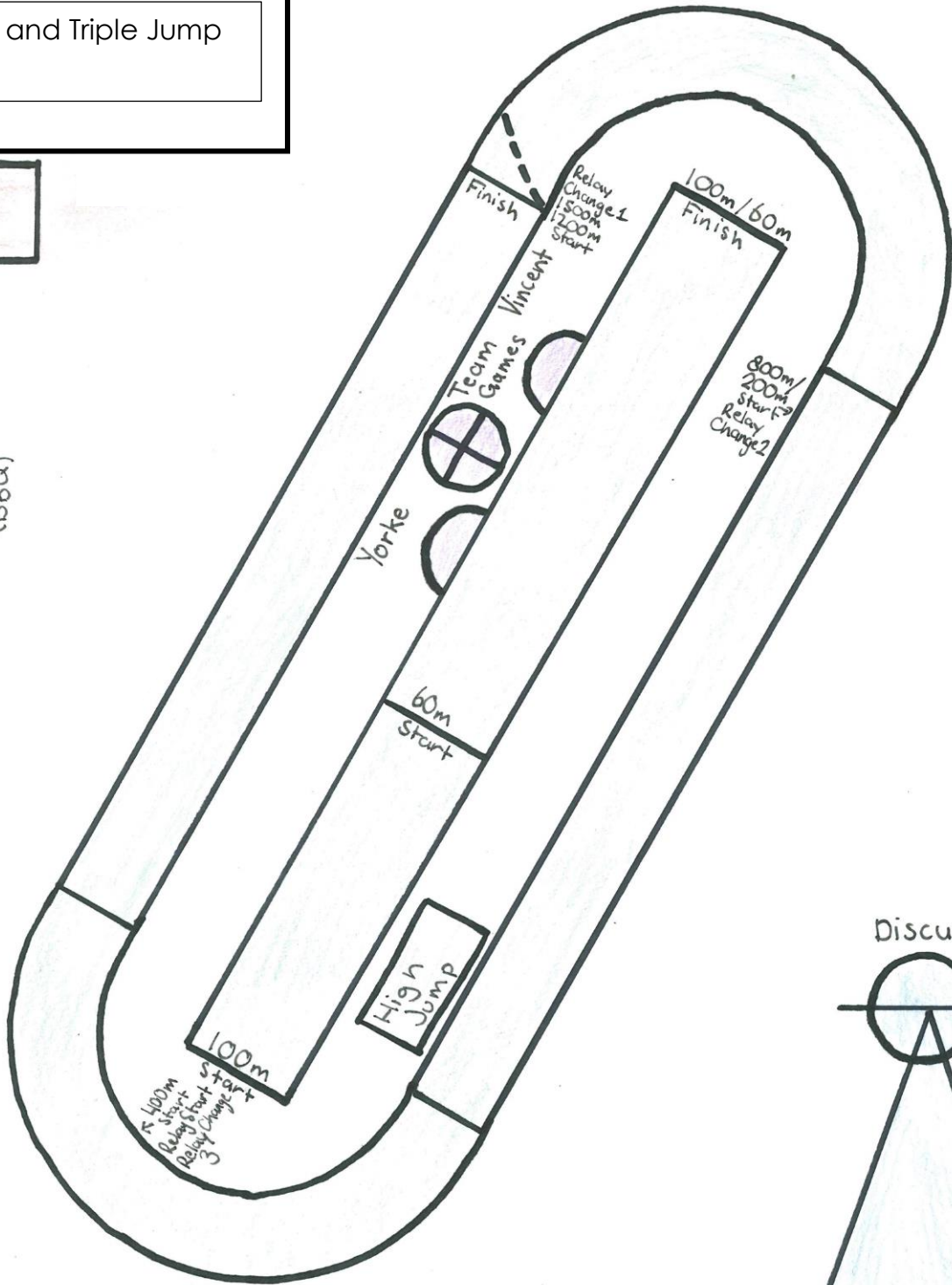
The coffee van will be available from 9am to 2:30pm to purchase items from as well. This will be located near the sports shed on the oval.

Long and Triple Jump

Tablets

Scorers

Canteen (BBA)



Discus

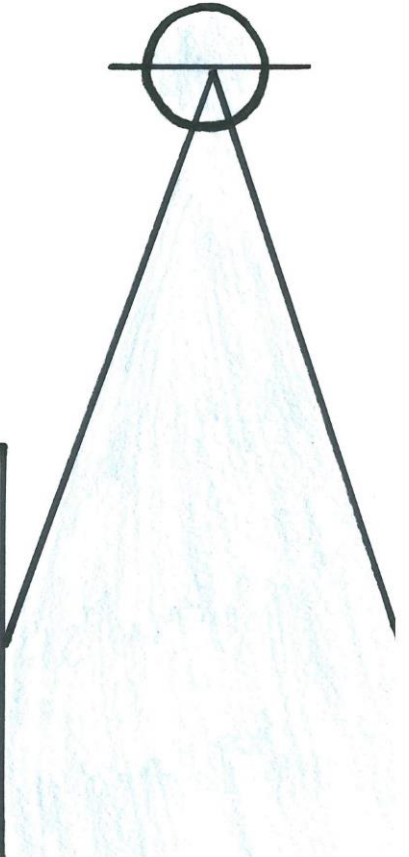


← Toilets Nature Play ↑

Basketball

Shotput

Basketball





2023 ATHLETICS CARNIVAL WINNERS

VINCENT

